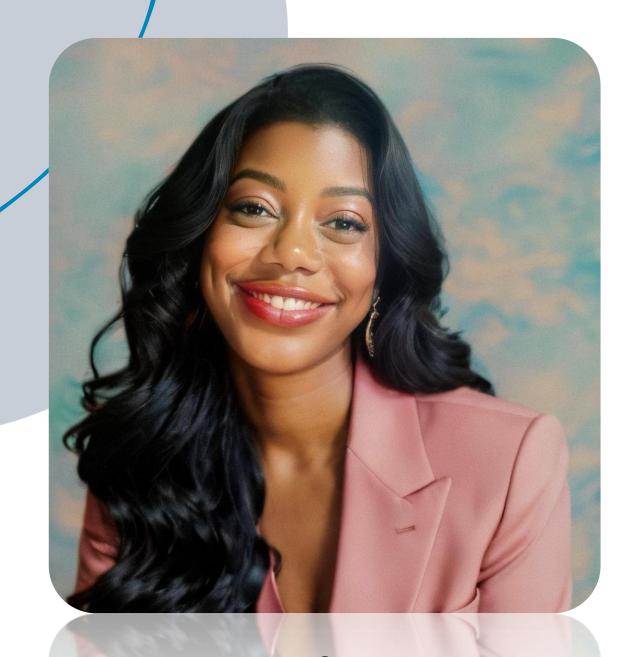


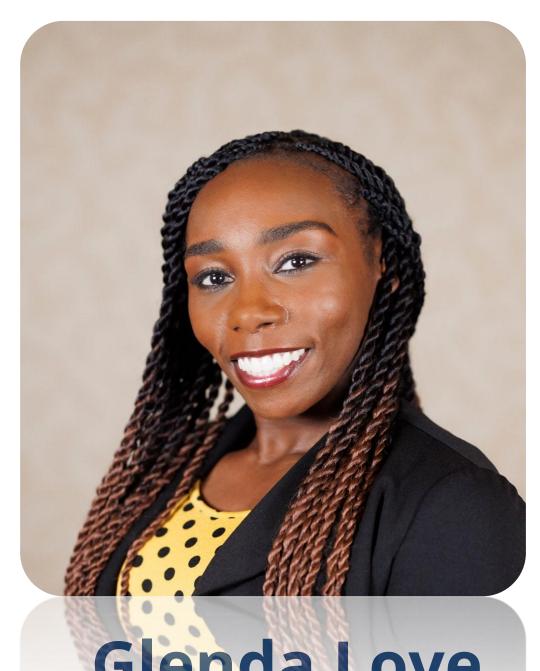
#### TRIAD: An Entertaining, Engaging, and Modern Approach to Safety and Well-Being

Samaria Epps & Glenda Love

#### Introductions



Samaria Epps
Caregiver & Dementia
Specialist



Glenda Love
Deputy Home &
Community Ombudsman

### Topics

About AgeGuide

What is a TRIAD?

**Community Impact** 

How to Get Involved

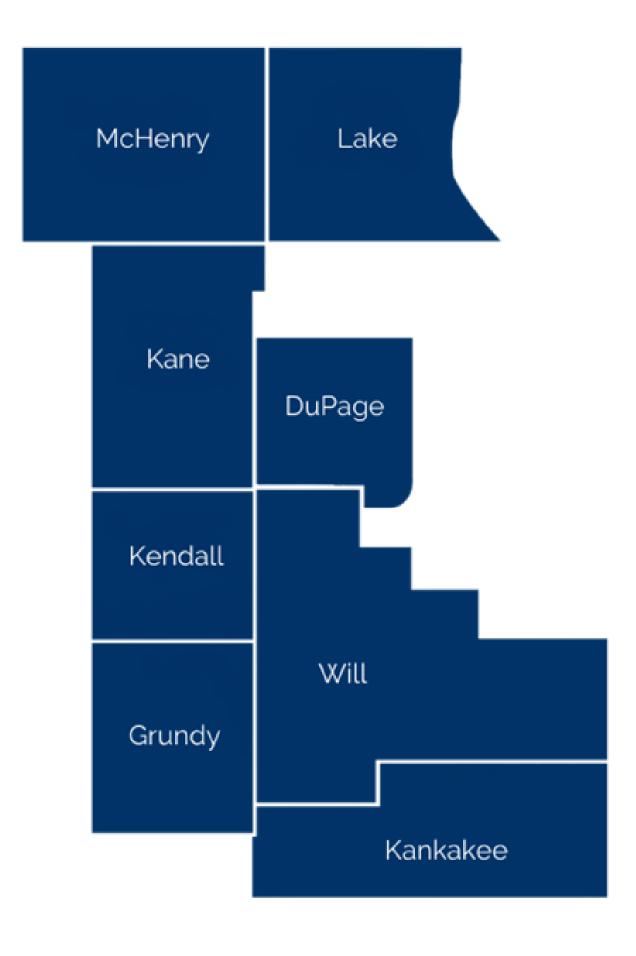
How to Start a TRIAD

# Who is AgeGuide?



**Mission:** To be a vital resource and advocate for people as we age by providing thoughtful guidance, supportive services, and meaningful connections

- Area Agency on Aging
- Eight suburban counties surrounding Cook County
- Serves over 750,000 older adults
- 25% of the state's 60+ population resides in its planning & service area (PSA 02)



www.AgeGuide.org

## What is a TRIAD?

### History of TRIAD

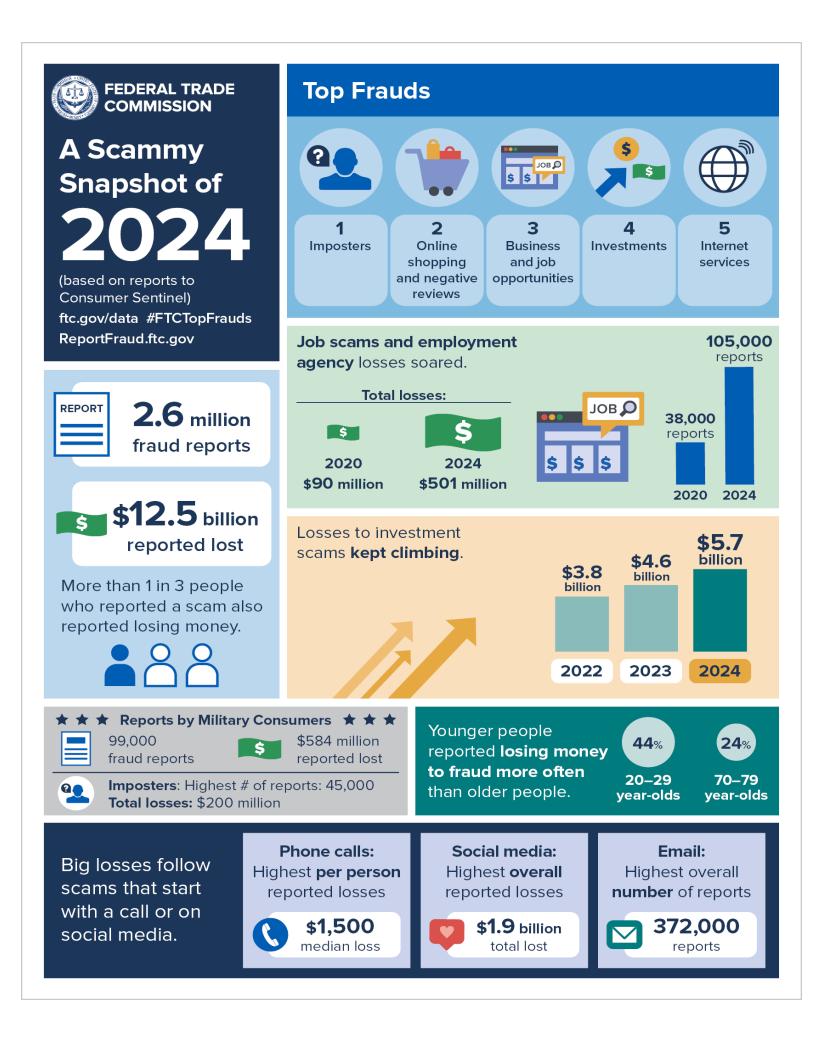








# Fraud and Scams



# Community Impact

#### Purpose of TRIAD



- Opens communication between public safety personnel and the elderly
- Allows seniors to voice their concerns about crime and safety
- Provides an avenue for active senior volunteers to help others
- Reduces senior isolation, a contributing factor to senior victimization
- Strengthens the ties amongst community groups
- Builds a sense of community
- Expands law enforcement personnel capabilities within the community

#### How Education is Delivered

- Picnics
- Device Advice
- Healthy Eating
- Medical Alerts
- Mental Health for the Holidays
- Oral Care
- Good Heart Health
- Car Care Clinic
- Medicare Update
- Bingo
- Scams Presentations
- Fashion Shows
- Touch a Truck
- Christmas Party
- Fundraisers



#### **TRIAD Testimonials**

"Every year I look forward to the picnic. They're always so informative and fun!" "TRIAD taught me about scams and prevented me from losing thousands of dollars from an email I received."

"I really learned how to protect myself and made some new friends as well! Thanks to all who made this possible." "It means more than you know to many families and older members of our community"

"This group of people make a difference!"

### How to Start a TRIAD

### Steps

**Step 1: Gain Support of Law Enforcement** 

**Step 2: Assess Interest & Initial Meeting** 

**Step 3: Write By-Laws** 

**Step 4: Organize a Committee** 

**Step 5: Establish a Bank Account** 

**Step 6: Create an Event Calendar** 

# McHenry County TRIAD Development



### How to Get Involved

#### Resources



National Association of TRIADs

List of TRIADs in Illinois

AgeGuide TRIAD Toolkit



### Any Questions?

# Thank you!

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